



pa nutrition AND physical activity self-assessment FOR child care

UPON PROJECT COMPLETION

PROJECT SNAPSHOT



of programs reported **offering healthier** meat and grain choices.



of programs reported **offering more** fruits and vegetables.



of programs reported **using best practices** to implement or improve their own nutrition policies.



of programs reported **increasing opportunities** for children, staff and families to learn more about healthy behaviors such as proper nutrition and physical activity.



of programs reported **increasing** the daily **amount of time** children spend being physically active.



Total number of Early Childhood programs that successfully completed the project



Number of participating Pennsylvania counties



Estimated total number of teachers impacted



Estimated total number of children and families impacted



PA NAP SACC is an online, continuous quality improvement intervention designed to help child care providers improve the nutrition and physical activity practices within their early childhood care settings. To learn more about PA NAP SACC, visit <http://panapsacc.weebly.com>.

Data Source for PA NAP SACC specific data: 337 licensed child care programs in Pennsylvania, including both center-based and family child care homes that completed the PA NAP SACC program from 2011-2016.

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